



Carsten Ørting Andersen

Green Care imellem civilsamfund og professionalisering

Aktiv med ledelse af pædagogisk og terapeutisk landbrug siden 1996

Deltog i EU COST 866 om Green Care i 2008 & 2009

Deltaget i en række internationale konferencer om Green Care og landbrug som undervisningsramme.

Blogger og konsulent inden for Grøn Omsorg på www.groenomsorg.dk siden 2011

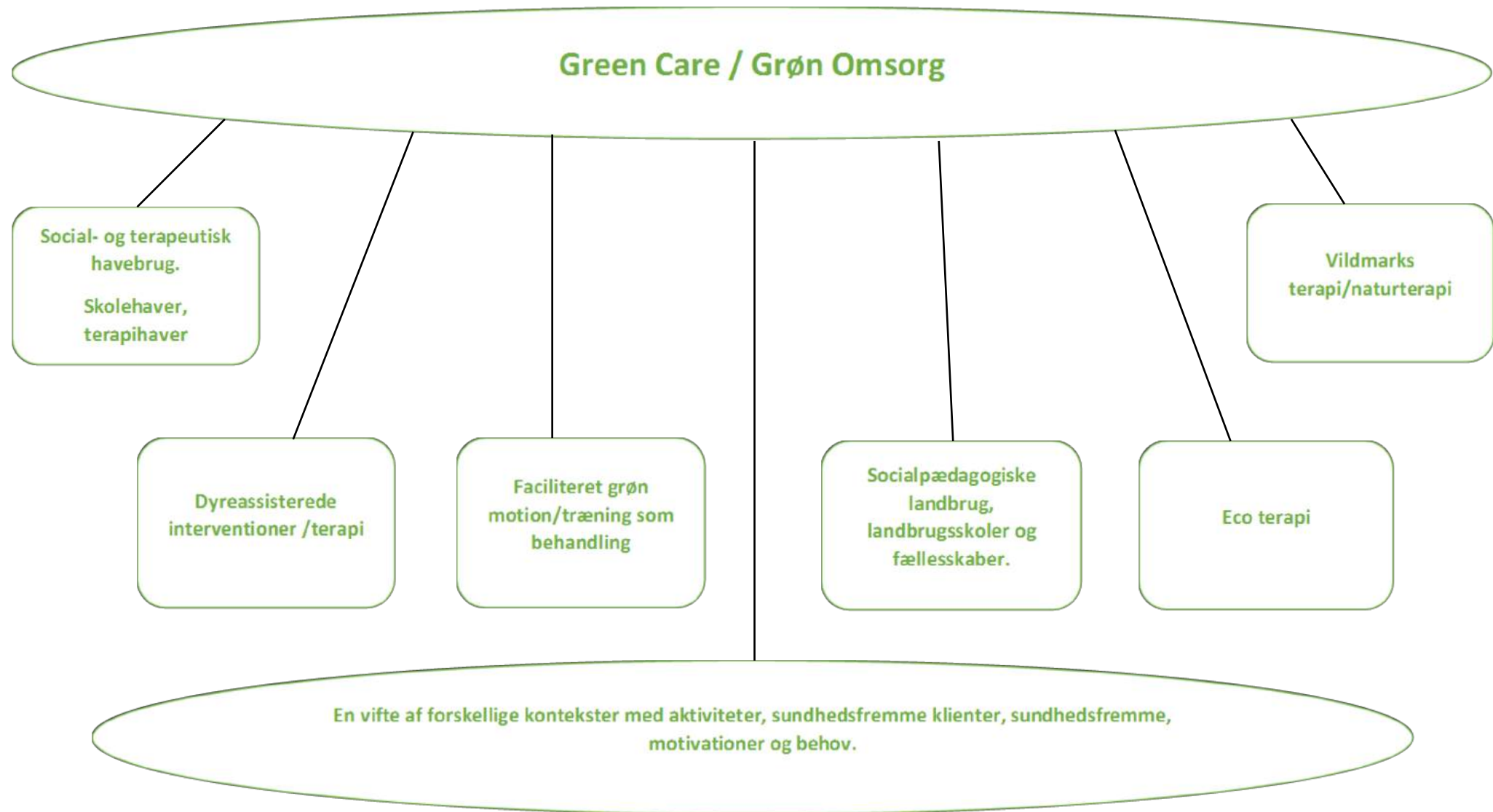


Grøn Omsorg

Formand for Green Care Netværket <http://www.greencarenetvaerk.dk>







Figur oversat og bearbejdet af forfatter efter: Green Care A Conceptual Framework, Joe Sempik, Rachel Hine og Deborah Wilkcox

Green Care og frivilligt engagement



Grow – Nye Rødder / Hallingelille



Ringsted Krisecenter

Green Care og mangfoldighed



Ringsted produktionshøjskole



Tvedestrand Kommune Norge



Videnproduktion i Danmark

Antrozoologi

Tia Hansen Aalborg Universitet & Karen Thodberg Århus Universitet



Natur og haveterapi

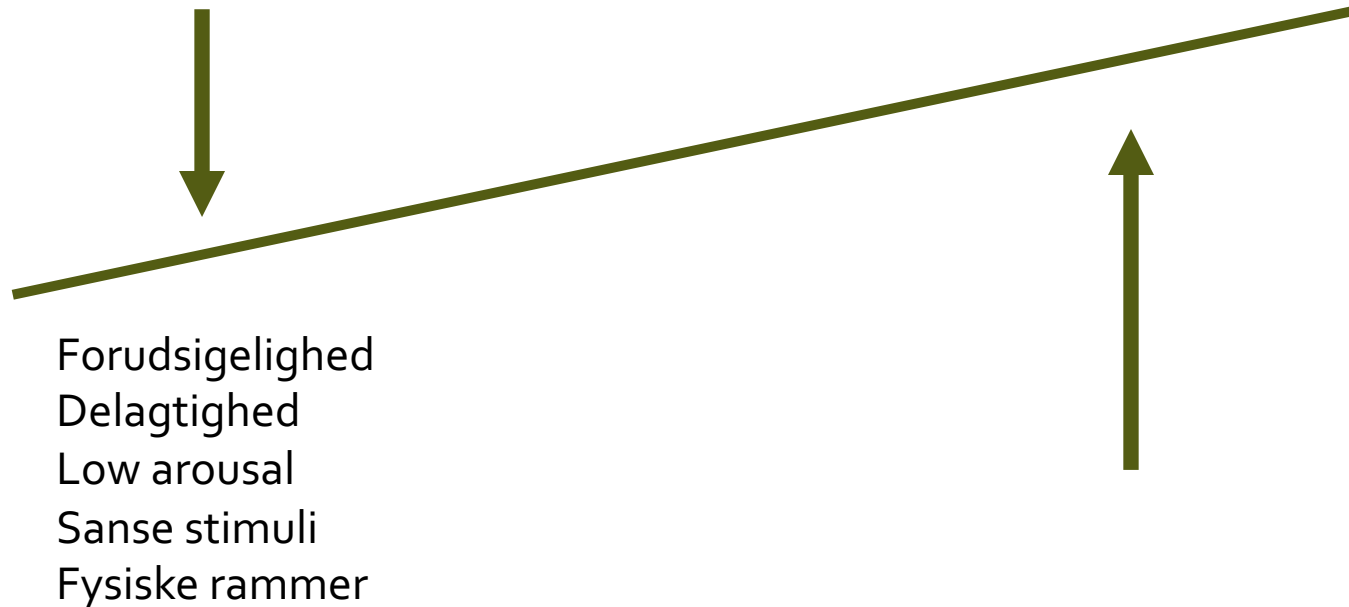
Ulrikka Stigsdottir & Dorthe Varning Poulsen Københavns Universitet



Symptomer og metode ved problemskabende adfærd hos borgere med komplekse problemstillinger.

Bo Hejlskov Elven / DK

Stress



- Selvskadende adfærd
- Elektiv mutisme
- Anoreksi og andre spiseforstyrrelser
- Tvangs adfærd
- Udadreagerende adfærd
- Angst
- Depression
- Psykosser

Kaplan & Kaplan's forskning Attention Restoration Theory (ART)

- For at vi kan opleve naturen som restituerende, skal naturmiljøet indeholde:
- -Fascination
- -At være væk
- -Plads

Kaplan, S. (1992). The restorative environment: Nature and human experience. In Role of Horticulture in Human Well-being and Social Development: A National Symposium. Timber Press, Arlington, Virginia (pp. 134-142). Bratman, G. N., Daily, G. C., Levy, B. J., & Gross, J. J. (2015). The benefits of nature experience: Improved affect and cognition. Landscape and Urban Planning, 138, 41- 50. Kilde: Dorthe Varning Poulsen KU



Teorien handler om, hvordan vi sanser vores omgivelser og bearbejder de informationer, som vi får derigennem.

- Kaplan & Kaplan har identificeret to opmærksomhedstyper:
- -Rettet opmærksomhed
- -Blød fasination
- Mange impulser i f.eks. Et bymiljø stiller store krav til hjernens kapacitet og evne til at sortere og impulsere handling, hvilket kan være årsagen til stress



Nature and recovery from stress – Roger Ulrich

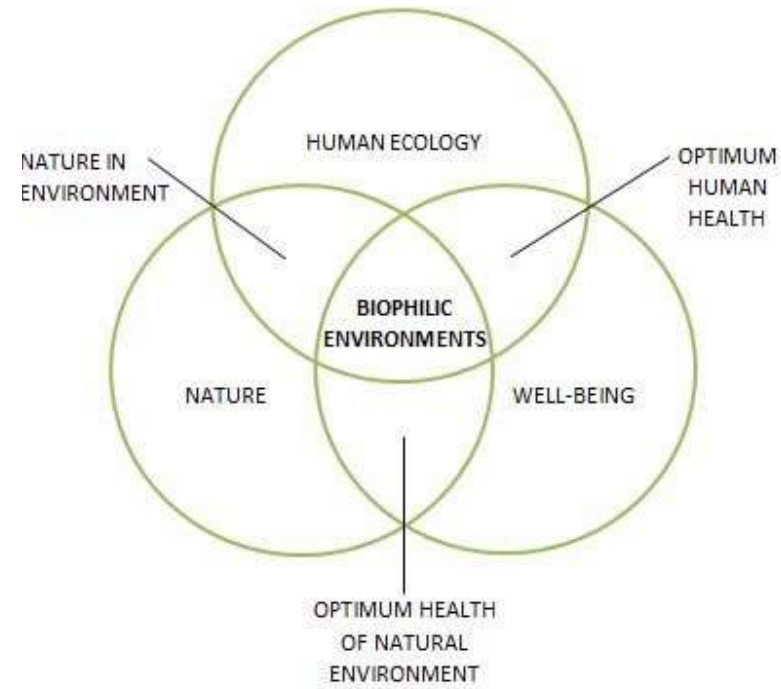
View from a window



A person wearing a blue cap, an orange long-sleeved shirt, and blue overalls is walking away from the camera on a dirt path through a dense forest. The path is covered in fallen leaves and leads towards a bright, open area in the distance. The trees are tall and thin, with lush green foliage.

Therapeutic landscapes – Gesler m.fl.

- Octovia terapiskov
- Særlige kulturlandskaber
- Botanisk have
- Grøn byplanlægning

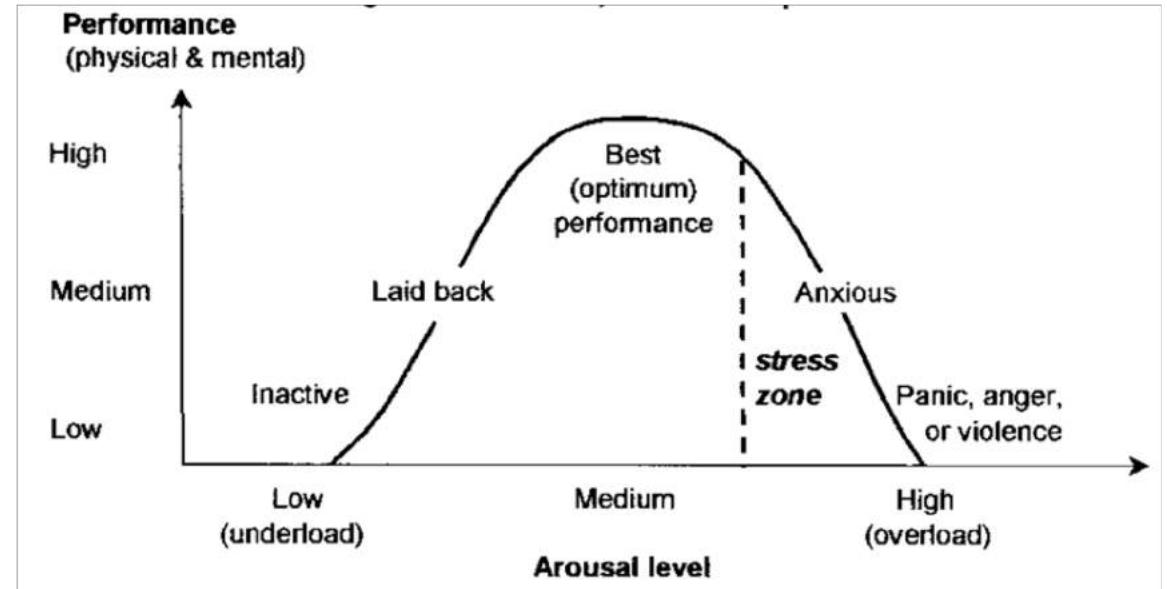


The Biophilia Hypothesis E.O Wilson





Low Arousal
Det fælles tredje



Spejlneuroner

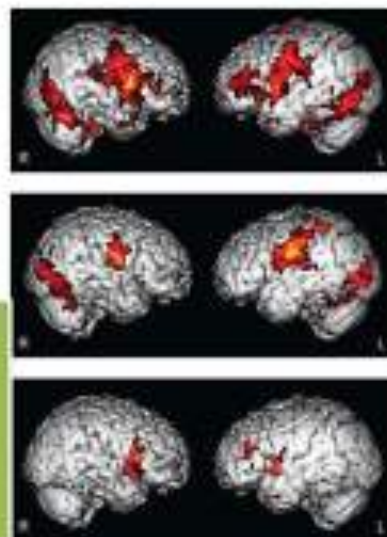


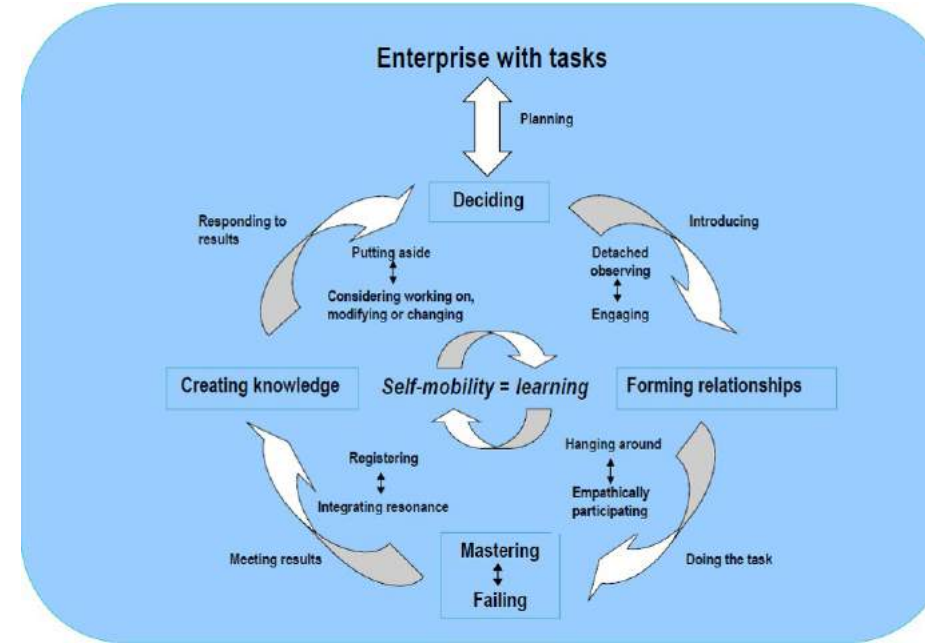
Spejlneuroner

...en empatisk forståelse for hvad den anden er igang med..

Spejlneuronerne aktiveres, når vi observerer en anden persons handlinger – og når vi selv handler.

Har som funktion at de forbinder mennesker med hinanden

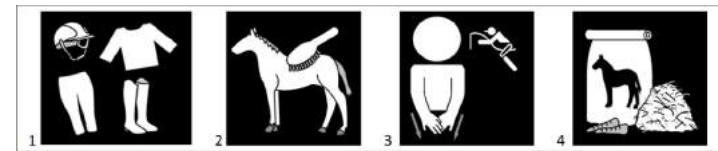
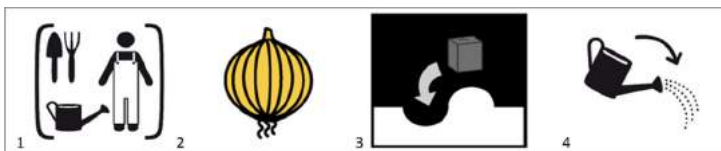




RELATIONSHIP-BASED EXPERIENTIAL LEARNING IN PRACTICAL OUTDOOR TASKS

ERLING KROGH OG LINDA JOLLY / NORGE.





**BILLEDKOMMUNIKATION OG GRUNDIG
FORBEREDELSE, SÅ ER HANDICAP INGEN HINDRING**

www.pictoselector.eu

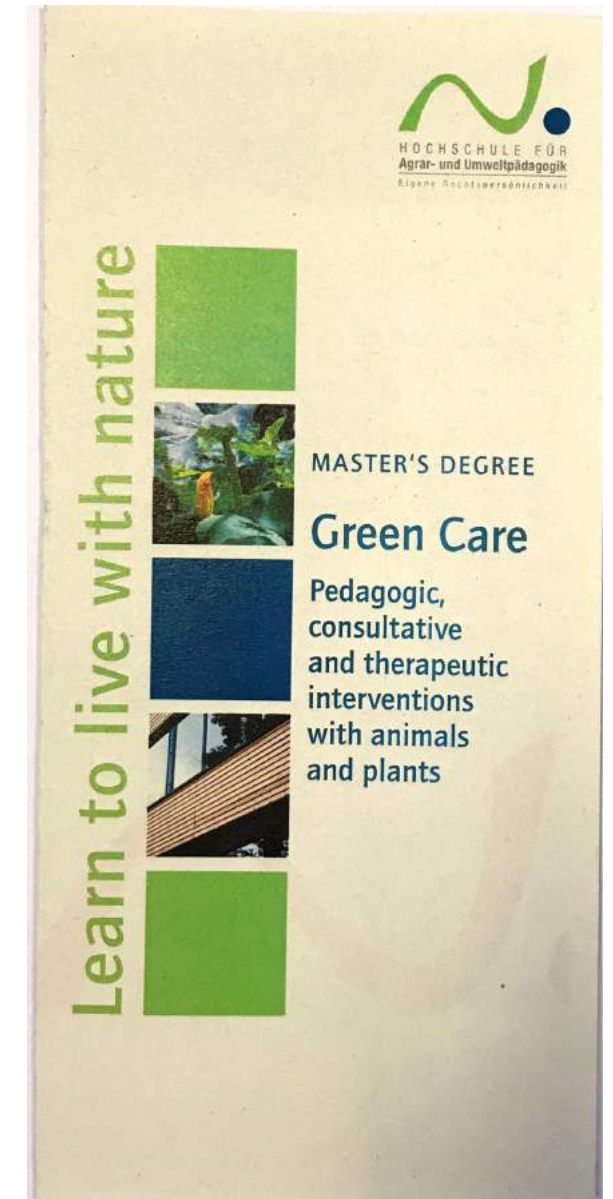


Vejen mod professionalisering.

Uddannelse på alle niveauer

Certificering/mærkning

Forskning og metodeafprøvning/metodeudvikling



Green Care in Finland

WHAT IS GREEN CARE?

Green Care refers to professional, responsible and goal-oriented utilisation of methods based on the environment in education, wellbeing or social and health care services.

Green Care operations often take place in nature or on a farm, but plants and materials from nature as well as animals can also be applied in an urban environment or a nursing institution.

	NATURE	ANIMAL	GARDEN	FARM
NATURE-BASED	 Nature-isolated therapy	 Animal-assisted therapy	 Garden therapy	 Therapy in a farm environment
NATURE-BASED	 Nature-based use of nature	 Social-pedagogic and multi-sensory activities	 Social and therapeutic garden activities	 Rehabilitation activities at a farm or forestry
NATURE-ORIENTED	 Nature-oriented pedagogics	 Animal-assisted pedagogics	 Pedagogic garden activities	 Pedagogic activities at a farm
GOAL-ORIENTED	 Goal-oriented nature-oriented activities	 Goal-oriented animal-assisted activities	 Goal-oriented garden activities	 Goal-oriented farm visits

WHY IS IT EFFECTIVE?

Green Care services use a variety of interventions that are based on nature (see the image). Well-being effects are generated by the stimulating nature of the environment, the act of participation and the experience itself.

IN WHICH SERVICES CAN GREEN CARE BE USED?

Examples of sectors in which Green Care operating methods can be applied include rehabilitation, services for children and adolescents, care of the elderly, day care, care of substance abusers or people with mental health problems, services for special groups and activities aimed at increased wellbeing at work.

Social and Health	Social pedagogic	Recreation Wellbeing
<ul style="list-style-type: none"> Rehabilitation (physical, mental, social, occupational) 	<ul style="list-style-type: none"> Social pedagogic rehabilitation and early intervention 	<ul style="list-style-type: none"> Special needs group wellbeing services Accessible nature exercise
<ul style="list-style-type: none"> Daytime activation services Rehabilitative work activities 	<ul style="list-style-type: none"> Preventive social pedagogic intervention 	<ul style="list-style-type: none"> Goal-oriented wellbeing services
<ul style="list-style-type: none"> Care services (improving and maintaining abilities) 	<ul style="list-style-type: none"> Early childhood education Nature schools Nature hobbies 	<ul style="list-style-type: none"> Goal-oriented recreation services

GREEN CARE LABELS

Wellbeing and high-quality services from nature



Recreation, wellbeing and education services



Social and health care services

WHAT ARE GREEN CARE LABELS?

Green Care labels indicate that the service provider is familiar with the Green Care operating method and that the service is provided in a professional, goal-oriented and responsible manner.





Inn på tunet Norge SA

- . Inn på tunet er tilrettelagte og kvalitetssikrede velferdstjenester på gårdsbruk.
- Tjenestene skal gi mestring, utvikling og trivsel.
- Gårdsbruk er en eiendom som benyttes til jord-, skog-, eller hagebruk. Aktivitetene i tjenestetilbudet er knyttet opp til gården, livet og arbeidet der.
- Gårdsmiljøet åpner for mange muligheter for aktiviteter. Stell av dyr og planter, drift av skogen, pleie av kulturlandskapet, vedlikehold av maskiner og bygningsmasse utgjør aktivitetsgrunnlaget for Inn på tunet (IPT). Målsettingen med IPT er primært å bidra positivt til helse, utvikling og trivsel for den enkelte bruker. Tilbudene bygger på samarbeid med oppvekst-, utdannings-, helse-, eller sosialsektoren, og omfatter aktiviteter med utgangspunkt i både gårdens og bondens ressurser.



Green Care i Holland





GREEN
CARE
NETVÆRKET

FORENINGEN STIFTET MARTS 2017

www.greencarenetvaerk.dk



Tusind tak for vores tid
sammen

Følg mig på www.groenomsorg.dk

Tlf 52900584

Mail: carsten@groenomsorg.dk

Vi ses 😊



Grøn Omsorg